

Cheese Straws



INGREDIENTS

3/4 c. grated Cheddar cheese 1/2 c. butter 1 tsp. granulated sugar ½ tsp. salt pinch of cayenne pepper 1 tsp. grated nutmeg 1 eaa 2 Tb. cream 1 1/4 c. sifted all purpose flour.

NOTES

These are rich and crisp. They reheat very well too. Make these gluten-free by substituting 1:1 gluten-free baking flour. Warning: highly addictive!

Enjoy

DIRECTIONS

- 1 Preheat oven to 350F.
- 2. Grease baking sheets lightly with butter.
- 3. In a mixing bowl, cream together the grated cheese, butter, sugar, salt, cayenne pepper and nutmeg.
- 4. Beat the egg lightly with a fork, and combine it with the cream: then add to the creamed mixture, and beat all together, to mix thoroughly.
- 5 Sift the flour, and measure it: then add it to the pastry mixture, and stir well to combine.
- 6.On a lightly floured surface, using a lightly floured rolling pin, roll out the paste to 1/4-inch in thickness.
- 7. Cut the pastry into strips, 1/4 -inch wide, and six inches long, using a sharp knife.
- 8 Place the "straws" on the buttered baking sheets, and bake in a preheated oven at 350F for about 20 minutes, until lightly browned.
- 9. Serve hot, as an accompaniment to salad, or soup, or as a snack.