

Cocoanut Tants Bentha



12 tarts



INGREDIENTS

1 egg

1 c. brown sugar

1 c. unsweetened desiccated coconut

1 ½ tsp. vanilla extract ½ c. raspberry jam pastry for 24 tarts. (I used the 'Rich Short Crust' recipe)

NOTES

These delectable morsels will simply melt in your mouth. This recipe can be made gluten-free by substituting 1:1 gluten-free flour, and if you don't have raspberry jam on hand, you can easily make some on the stovetop using frozen raspberries, lemon juice, and white sugar.

DIRECTIONS

- Prepare the pastry, and roll it to about ½inch in thickness; cut the pastry into circles, using a 3-inch diameter biscuit cutter, and line 24 small tart tins with paste (or 12 if you are using regular-sized muffin tins).
- 2. Preheat oven to 375F.
- 3. In a mixing bowl, combine the egg, sugar, coconut and vanilla; mix well to blend together thoroughly.
- Put one teaspoon of raspberry jam in the bottom of each pastry shell.
- 5. Fill each tart shell up with the coconut mixture (the filling should be almost level with the top of the shell).
- 6. Bake the tarts immediately in a preheated oven, at 375F, for approximately 18 to 20 minutes, until the tops are puffed and golden brown.
- 7. Remove from the oven and allow to cool.
- 8. Then, with a small knife, gently remove the tarts from the baking tins.

Enjoy/