





6 slices



INGREDIENTS

1 c. cornmeal

1 c. sifted all-purpose flour

4 tsp. baking powder

⅓ tsp. salt

¼ c. granulated sugar

1 c. whole milk

1 egg

1 Tb. melted butter.

NOTES

This Corn Bread is best when served hot, with butter; it is a versatile accompaniment to many light meals. Try it with a salad or hot, home-made soup or chili.

Enjoy/

DIRECTIONS

- 1. Preheat oven to 375F.
- 2. Put the butter into a 4 ½-inch x 8 ¾-inch metal loaf pan, and then heat it in the oven until the butter is melted.
- 3. Sift the flour and measure it.
- 4. Add the baking powder to the flour, and sift together.
- 5.Then combine all of the dry ingredients together in a mixing bowl, and stir to blend thoroughly.
- 6. Beat the egg lightly with a fork, and combine it with the milk; add the melted butter, and stir to blend the liquids together.
- 7. Pour the liquid mixture into the dry ingredients, and stir lightly with a fork to moisten and blend all the ingredients.
- 8. Turn the batter into the warm, buttered baking pan, and smooth the surface with a broad-bladed knife.
- 9. Bake in a preheated oven at 375F for approximately one half hour, or until the cake-tester, when inserted into the centre of the loaf, will come out clean.
- 10.Take the loaf from the oven, and remove it immediately from the pan.